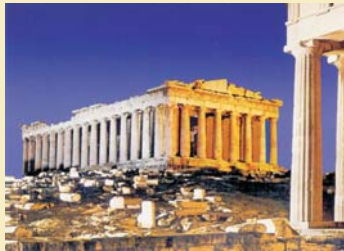




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Focus of the project is the creation of a common framework-model related to the application of creative and active training methods, based on the arts (music, painting, movies, drama...), with the aim to develop in the socially disadvantaged people a creative mind, proactive attitudes and behaviour, ability of learning to learn and to develop themselves.

The project intends also to spread in the target groups the culture of life-long training and of learning foreign languages as a channel to overcome cultural and racial barriers.

Project duration:  
August 2009 - July 2011

Partnership:  
Tecnopras s.a.s. (Italy) - project coordinator  
AidLearn Lda. (Portugal)  
Ekpaideftiria Kaloskami S.A. (Greece)  
Federación Progresista de Asociaciones de Mujeres (Spain)  
Siauliai University (Lithuania)  
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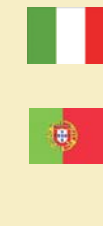


Lifelong Learning Programme



# PROSKILLS

## THE ARTS AS A MEANS OF DEVELOPING KEY AND SOFT SKILLS IN DISADVANTAGED ADULTS





## PROJECT FOCUS

Proskills is aimed at promoting in adults with different types of social disadvantage (economical, mental, physical, cultural...) autonomy, initiative spirit, creativity, capacity of innovation and self-improvement, problem solving. Consequently to this skills development, the target beneficiaries of project activities can improve the quality of their private and professional life, enrich their relations on different dimensions, increase the level of social participation and civil engagement.



Proskills intends to increase the key soft skills that can foster opportunities of starting again to study, finding a job or ameliorating the work status of these people, who very often are in a situation of social exclusion because of their disadvantaged condition.

With this kind of project we expect also to spread among socially disadvantaged adults the culture of life-long training and of learning foreign languages as a channel to overcome cultural and racial barriers and to communicate with people from other countries, face-to-face or using the web technologies.

As to the training staff, the project will enhance the qualification of the course designers, the trainers and the tutors that work with socially disadvantaged people, in order to have professionals that are more prepared to face life problems and consequent education difficulties proper of the mentioned target group.

They will also improve their competence in managing and promoting events of non-formal and informal learning, by means of methods like theatre, cinema, music, arts.

## OBJECTIVES

- Development of proactive attitudes, creativity and soft skills in the target group, with a view to improving their life standards;
- Increase of motivation and commitment to the learning process;
- Spread of life-long training in socially disadvantaged people;
- Mobility and exchange of staff and learners, in order to encourage active participation to a European dimension of learning;
- Elaboration of a common model on the application of the arts in education;
- Improvement of trainers' qualification in managing educational paths and activities for socially disadvantaged adults, with reference especially to informal and non-formal educational events;
- Development of products that will be useful for the partners' institutional work with disadvantaged learners

*Picture in the previous page:*

the project team in Syntagma Square, kick off meeting in Athens, October 2009

*Pictures in the next page:*

(right) in Siauliai during the 3rd meeting, 2010

(left) detail from the frescos in Siauliai University



*Pictures in this page:*

(above) group demonstration during the work meeting in Lisbon, February 2010

(on the left) Padrão dos Descobrimentos, in Belém, Lisbon



## PRODUCTS

- Training activities (modules, seminars, workshops) for adult learners
- Questionnaires, handouts and other tools supporting training and evaluation of the activities (in paper and electronic format)
- Publication describing the use of art in educational field in each partner's country and reporting our experiences within the project activities (in paper and electronic format, on CD and downloadable from the web)
- Brochure for the dissemination of information about the project and its results
- Website, a main window for the valorisation of the project outcomes
- Moodle area, for the cooperative work among the partners and for implementing possible e-learning services aimed to the adult learners



## ACTIVITIES

- Survey on arts as education in each partner country
- Selection and description of methods using arts as education
- Organisation of training experiences (courses, workshops) with groups of disadvantaged adult learners using art methods
- Creation of evaluation tools and evaluation of the training activities
- Elaboration of a common model of arts as education, transferable to different contexts, as result of partners' experience
- Editing of a handbook containing the survey, the methods, the experiences and the model, with guidelines for trainers and educational centres
- Exchange of educational practices among the partners and reinforcement of the European network